

**The CDC Priority Groups are:**

- Everyone age 6 months to 24 years old
- Pregnant women
- People age 25-64 years with chronic health conditions
- People who live with or care for infants younger than 6 months of age
- Healthcare and emergency medical services personnel.

**Definition of Chronic Health Conditions**

Medical conditions that confer a higher risk for influenza-related complications include chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, cognitive, neurologic/neuromuscular, hematologic, or metabolic disorders (including diabetes mellitus) and immunosuppression (including immunosuppression caused by medications or by human immunodeficiency virus).

**Signs and Symptoms**

- Symptoms of novel H1N1 flu in people are similar to those associated with seasonal flu.
- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Chills
- Fatigue
- In addition, vomiting (25%) and diarrhea (25%) have been reported. (Higher rate than for seasonal flu.)

**Watch for Emergency signs**

Most people should be able to recover at home, but watch for emergency warning signs that mean you should seek immediate medical care.

**In adults:**

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms improve but then return with fever and worse cough

**In children:**

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids
- Severe or persistent vomiting
- Not waking up or not interacting
- Irritable, the child does not want to be held
- Flu-like symptoms improve but then return with Fever and worse cough