



Greene County Combined Health District
360 Wilson Drive
Xenia, Ohio 45385

Mark A. McDonnell, RS, MS, Health Commissioner
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Press Release

For Immediate Release
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Greene County Healthy Lifestyles Coalition To Hold 6th Annual Family Fitness Challenge

The Greene County Healthy Lifestyles Coalition is hosting its 6th Annual Family Fitness Challenge on Wednesday, July 15th at Shawnee Park in Xenia 12:30 p.m. – 2:30 p.m. The event is FREE and open to the public. Families and groups are encouraged to attend.

The Fitness Challenge is designed to motivate youth and families to adopt healthier lifestyles—specifically in the areas of fitness and nutrition. Participants can visit fitness stations (including an inflatable bounce house) and health information booths, complete a fitness passport and receive a free prize (while supplies last). Healthy snacks will be available.

Partners for the Challenge include the Greene County Combined Health District; Xenia City Parks and Recreation; OSU Extension, Greene County and Youth Fitness Academy.

For more information, call Shauna VanWinkle at 937-374-5661.

Greene County Combined Health District...

Healthy People...Healthy Communities.

<http://www.gcchd.org>

